

## ABSTRACT

Prananti, Regina Dina (2022). *The Correlation between Students' Speaking Anxiety and Speaking Performance in Online Micro-Teaching Classes*. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

Among four language skills: speaking, writing, listening, and reading, speaking is considered one of the important skills in learning a language. In learning English, speaking has become standard in considering someone's language proficiency. Meanwhile, there is a thing called speaking anxiety which becomes a hurdle in the process of possessing the ability.

Speaking anxiety can come to anyone, including students who pursue their studies in the English Language Education Study Program (ELESP). This research tries to find whether there is or no correlation between students' speaking anxiety and speaking performance in the online micro-teaching classes in ELESP of Sanata Dharma University.

Two questions were formulated: (1) Is there any correlation between students' speaking anxiety and speaking performance in Micro Teaching classes?, and (2) What factors influence students' speaking anxiety and speaking performance in online micro-teaching classes?

This research used a mixed-method approach and questionnaire for the data analysis and collection. The questionnaire was distributed to ELESP students of Sanata Dharma University batch 2018 who had experienced the online micro-teaching.

The results showed that the average students had speaking anxiety at a moderate level. It was also found that there was a strong correlation between students' speaking anxiety and speaking performance in the online micro-teaching classes. Furthermore, there were mainly 13 points to be the factors behind students' speaking anxiety in the online micro-teaching classes mentioned by the students. It could be concluded that the higher the speaking anxiety, the lower the speaking performance would be. Thereby, the micro-teaching lecturers have to pay more attention to students' speaking anxiety and find strategies to build up students' confidence.

**Keywords:** *micro-teaching, online learning, speaking anxiety, speaking performance*

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Diantara keempat kemampuan berbahasa: berbicara, menulis, mendengarkan, dan membaca, kemampuan berbicara dianggap sebagai salah satu kemampuan yang signifikan dalam mempelajari sebuah bahasa. Dalam mempelajari Bahasa Inggris, kemampuan berbicara telah menjadi standar dalam menentukan kemahiran berbahasa seseorang. Sedangkan, ada satu hal yang disebut dengan kecemasan berbicara, yang menjadi rintangan dalam proses penguasaan kemampuan tersebut.

Kecemasan berbicara dapat mendatangi siapa saja, termasuk mahasiswa yang menempuh pendidikan dibidang Bahasa Inggris. Penelitian ini mencoba untuk menemukan ada atau tidaknya korelasi antara kecemasan berbicara mahasiswa dan performa berbicara mereka di kelas daring *micro teaching* di Program Studi Pendidikan Bahasa Inggris, Universitas Sanata Dharma.

Terdapat dua pertanyaan yang diharapkan untuk terjawab: (1) Adakah korelasi antara kecemasan berbicara mahasiswa dan performa berbicara mereka di kelas daring *micro-teaching*?, dan (2) Apa sajakah faktor dibalik kecemasan berbicara mahasiswa di kelas daring *micro teaching*?

Penelitian ini menggunakan pendekatan *mixed-method* dan kuisioner untuk analisis dan pengumpulan data. Kuisioner didistribusikan kepada mahasiswa-mahasiswa Pendidikan Bahasa Inggris Universitas Sanata Dharma angkatan 2018 yang sudah pernah mengambil mata kuliah *micro teaching* secara daring.

Hasil menunjukkan bahwa rata-rata mahasiswa memiliki kecemasan berbicara di level menengah. Ditemukan juga korelasi yang kuat antara kecemasan berbicara mahasiswa dengan performa berbicara di kelas daring *micro-teaching*. Selanjutnya, terdapat 13 point utama yang menjadi faktor-faktor dari kecemasan berbicara mahasiswa di kelas daring *micro-teaching* yang disebutkan oleh para mahasiswa. Dapat disimpulkan bahwa semakin tinggi kecemasan berbicara, semakin rendah pula performa berbicara. Maka dari itu, dosen pengampu *micro teaching* sebaiknya lebih memperhatikan kecemasan berbicara mahasiswa dan menemukan solusi untuk membangun kepercayaan diri mereka.

**Kata kunci:** *micro-teaching, online learning, speaking anxiety, speaking performance*